**G2/3 Gymnastics Pre-assessment  
Central idea: Balances, rolls and jumps are important elements of a gymnastics performance.**

Name  
Class

**What Gymnastics skills do you want to get better at?**

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**Teddy Bear Roll**

**Circle Roll**

**Hand Stand**

**Round-off**

**Cartwheel**

What Gymnastics skills can you remember from last time you did gym? (You can also write other skills that are not here.)

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**Star Jump**

**Balance on a beam**

**Head Stand**

**Balance**

**Sequence**

**Forward Roll**

**Dive Roll**

**Straight Jump**

**Pike Jump**

**Tuck Jump**

**Pencil Roll**

**Backward Roll**

Name  
Class

**G4/5 Gymnastics Pre-assessment  
Central idea**: **Body control, smooth transitions, and a variety of elements help to enhance a gymnastics performance.**

**What Gymnastics skills can you remember that you performed the last time you did gym?**

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**What Gymnastics skills do you want to get better at?**

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